

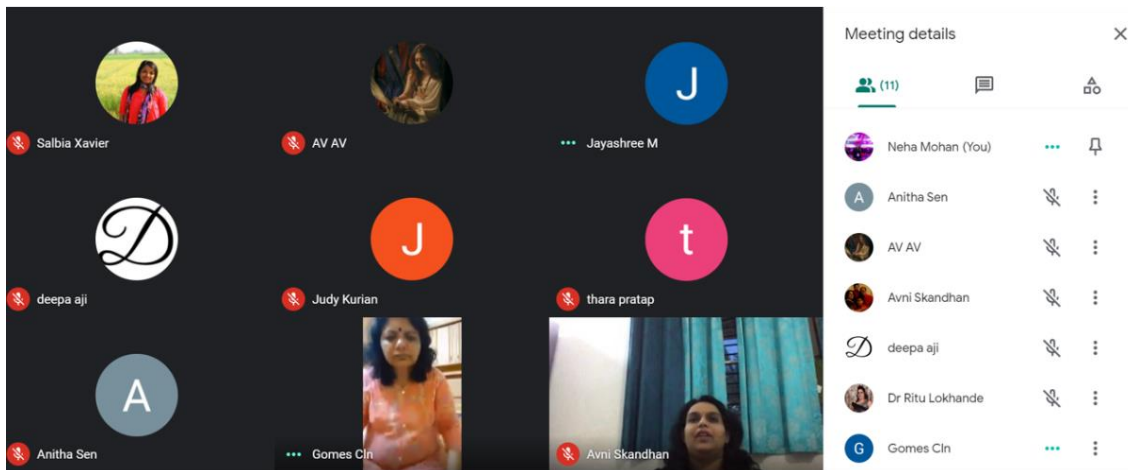
Shakti – Women’s wing of IRIA Kerala

June 2021

- Shakti – Women’s wing of IRIA Kerala was constituted under the leadership of Dr Gomathy Subramaniam. Vice chairperson – Dr Sinni, Convener – Dr Neha Mohan, Joint convener - Dr Zunimol.
- Core team with representatives from each district are being formed.
- International Day of Yoga was observed on June 21 with this year’s theme “Yoga for Wellness”. In these testing times, considering the stressful situation we doctors are going through, Kerala Shakti wing organized an online session exclusively for lady radiologists on “Yoga – leading way towards healthy living” by Mrs Jayashree, an expert in the field doing research on yoga and meditation. The session was conducted on google meet platform, attended by 15, and lasted for 40 minutes with practical demonstration of simple asanas and meditation practices. Participants were greatly benefited and felt more relaxed after the session.



Poster for Yoga Day



Photographs of session on Yoga Day via google meet.

- Academic activities for the month of July were planned: Kerala IRIA monthly academics for the month of July was decided to be organized by Shakti wing. The theme for the month of July was decided upon as Musculoskeletal Imaging, and concerned relevant topics chosen were to be presented every Saturday by members of Shakti Wing. The brochure for the same was also charted out and released.

KERALA IRIA ACADEMIC MONTHLY SESSION - JULY



CONDUCTED BY



SHAKTI ACADEMIC WING

APPROACH TO MSK SERIES

"A Woman with a Voice is by definition a Strong Woman"

Shakti - Womens wing of IRIA, shouldering the responsibilities of IRIA,
brings to you an all women initiative, to the academics platform

TIME 5- 6 pm

CHAIR PERSON

Dr Gomathy Subramaniam

MC-Dr Judy Mary Kurian

Conventional Radiography
in Evaluation of Bone Tumor

Approach to Metabolic and
Haematopoietic disorders

Approach to Arthritis

Approach to Marrow
disorders

Case based interactive
session
MSK pathologies

SPEAKER

MODERATOR

DATE

Dr Laly Alex

Dr Suni Thomas

03/07

Dr Rachana George

Dr Thara Pratap

10/07

Dr Padma Menon

Dr Anusha Varghese

17/07

Dr Reshmi CP

Dr Geena Benjamin

24/07

Dr Avni K P Skandhan

Dr Della Harigovind

31/07

IRIA KERALA
President Dr M C J Prakash
Secretary Dr Rijo Mathew

Brochure